Everyone, especially women, trying to leave across Ukraine’s borders right now is at risk of human trafficking.

Keep in mind, many people are offering support, but not everyone is who they say they are.

**ID/PASSPORT**

Never give your passport or identity documents to anyone other than a border guard. Carry it close to your body at all times (e.g. bra).

Take a picture of it with your phone so that you can have a back-up in case of loss or theft. Send that copy to friends/family/email to yourself.

**TRAVEL**

All people possessing a Ukrainian passport can use the Deutsche Bahn rail service free of charge. If you’re traveling by taxi, bus, or another form of transport, share your location with a family member or friend along the way. If something seems suspicious then get out immediately.

Before you get into a vehicle, take a picture of the license plate and send it to friends or family. Avoid getting into cars of drivers who do not allow these pictures to be taken.

**MONEY**

Carry cash somewhere hidden on you, maybe even in multiple places. Assume any bag or luggage with you may have to be left behind at some point.

Memorize your credit card/debit card number. Memorize phone numbers for multiple trustworthy people who would wire you money or help you if you really need it and you lose your phone.

**CONTACTS**

Develop a code word with your friends and family so that if you are in danger and cannot say that, they know what it means. They should already have the license plate and current location.

**ACCOMODATION**

If you arrive at a place to stay and you do not feel safe, leave as soon as possible.

KOK Counselling:

In case of violence against women please call:

08000 116 016

The Violence against Women Support Hotline